

October 2020

NPSD LUNCH - HYBRID

LUNCH

- Fresh Fruit may include: apple, orange, grapes, banana
- 100% Fruit Juice may include: apple, orange, fruit punch, grape
- Hot Vegetables may include: green beans, corn,

This institution is an equal opportunity provider.
Menu subject to change without notice.

Curbside Pick-Up Locations

All North Penn Elementary Schools
*Knapp is temporarily closed as a pick-up site due to construction, we encourage those students to visit us at Penndale!

Curbside Pick-Up Days & Times*:

Tuesdays, 11am-1pm or 4:30 pm-6:30 pm

Monday



Tuesday

Wednesday

Thursday

Friday

Melted Cheese on Pretzel Bun
Tater Tots
Baby Carrots
1% White Milk

5

Brunch for Lunch
Grab & Go
Apple Juice
1% Milk

6

Chicken Patty
Or
WOW Sandwich (Veg Option)
Baby Carrots
Fresh Fruit
1% White Milk

7

Cheese Cup
Corn Chips
Salsa
Baby Carrots
1% White Milk

1

Stuffed Crust Pizza
Cucumber Slices
Fresh Fruit
1% White Milk

2

Turkey and Cheese on Club Roll
Cheese on Club Roll (Veg Option)
Potato Chips
Baby Carrots
Fresh Fruit
1% White Milk

12

Chicken Drum Stick with Tater Tots
Or
WOW Sandwich (Veg Option) with Craisins
Cucumber Slices
1% White Milk

13

French Toast
Egg Patty
Baked Cinnamon Apples
Baby Carrots
1% White Milk

14

Soft Shell Taco with Black Beans
Or
Black Bean Taco with Shredded Cheese (Veg Option)
Salsa
1% White Milk

15

Steak Sandwich
Or
Egg & Cheese Croissant Sandwich (Veg Option)
Potato Triangle
Cucumber Slices
1% White Milk

16

Bosco Sticks
Marinara Sauce
Fresh Fruit
1% White Milk

19

Popcorn Chicken with Mashed Potatoes
Or
Mashed Potato Bowl (Veg Option)
Corn
1% White Milk

20

Cheese Burger or Grilled Cheese
Sandwich (Veg Option)
French Fries
Baby Carrots
1% White Milk

21

Cheese Cup
Corn Chips
Salsa
Baby Carrots
1% White Milk

22

Stuffed Crust Pizza
Cucumber Slices
Fresh Fruit
1% White Milk

23

1 - Brunch for Lunch
Grab & Go Meal
Or
2 - Grab & Go Nacho Meal
1% White Milk

26

1 - Brunch for Lunch
Grab & Go Meal
Or
2 - Grab & Go Nacho Meal
1% White Milk

27

1 - Quesadilla
Or
2 - Grab & Go WOW Sandwich Meal
Fresh Fruit
1% White Milk

28

1 - Quesadilla
Or
2 - Grab & Go WOW Sandwich Meal
Fresh Fruit
1% White Milk

29

1 - Pizza with Hot Vegetable
Or
2 - Grab & Go Brunch for Lunch Meal
Fresh Fruit
1% White Milk

30